



For immediate release:

Author's new book receives a warm literary welcome.

Readers' Favorite announces the review of the Poetry - General book "Soul Speaking" by Jamila Mikhail, currently available at <http://www.amazon.com/gp/product/B0BMK2FJQY>.

Readers' Favorite is one of the largest book review and award contest sites on the Internet. They have earned the respect of renowned publishers like Random House, Simon & Schuster, and Harper Collins, and have received the "Best Websites for Authors" and "Honoring Excellence" awards from the Association of Independent Authors. They are also fully accredited by the BBB (A+ rating), which is a rarity among Book Review and Book Award Contest companies.

"Reviewed By Alex Ndirangu for Readers' Favorite

Soul Speaking is true to its title, featuring a collection of poems written directly from the soul and in a raw, occasionally harsh, but fascinating writing style. Jamila Mikhail

covers situations we've all dealt with and the emotions they left in our hearts. In addition to the fact that Mikhail writes from her own experiences with love, friendship, heartbreak, betrayal, and misery, she also writes every word with stark honesty to convince readers they are not alone in their struggles. Read Mikhail's poetry as she opens her heart to the world.

For eight years, Jamila Mikhail tried to make something beautiful out of her love for someone, but it all amounted to nothing. All she got in return was pain, and now she writes to take the pain away and save herself from drowning. But more than anything, self-love, acceptance, unrelenting courage to face the harsh realities of life, and hope that there is a better tomorrow reverberate throughout this collection. There are also uplifting and educational moments where readers can help themselves heal from past pains. In the poem Write, Mikhail provides a priceless tool that readers can use to save themselves from being overwhelmed by silence and loneliness when things go awry. I tried her advice in the poem, and it worked. I recommend Soul Speaking to mature readers who seek to rid themselves of emotional pain and poetry fans seeking to delve into the innermost depths of the human soul."

You can learn more about Jamila Mikhail and "Soul Speaking" at <https://readersfavorite.com/book-review/soul-speaking> where you can read reviews and the author's biography, as well as connect with the author directly or through their website and social media pages.

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